



Individual Advocacy: A person or group of people concentrate their efforts on just one individual. According to the group Advocacy for Inclusion "Advocacy is having someone to stand beside you if you think something is unfair or that someone is treating you badly and you would like to do something to change it."

- Facilitate meetings/phone calls with agencies (local, state, federal that you struggle to get answers from)
- Help you explore and understand your options and rights.
- Help position you to be a good self advocate at your level of comfort or need.
- Provide you with resources or contact resources/agencies on your behalf.
- Accompany you and support you in meetings or appointments such as benefits, educational, or medical.
- Assess your concerns and provide recommendations.
- Provide information to help you make informed decisions.
- Other important things you'd like us to help you with.
- Coaching on various levels of advocacy.

Case Management is a collaborative process of assessment, planning, facilitation, care coordination, evaluation and advocacy for options and services to meet an individual's and family's comprehensive needs through communication and available resources. We offer both in-person and virtual services.

Types of Case Management Offered:

Financial: Benefit coordination, determining if other sources of income are available

Housing: Assist with searching for housing, applying for waitlists, accommodation requests

Services Review: Ensuring you are getting all available services and benefits

Medical: Making appointments, follow-up, finding doctors, arranging transportation to/from

Who are good candidates for our advocacy or case management program?

- Someone who does not already have a case manager through a funding source (CSB, DARS, etc.).
- Someone who needs more support than their case manager can provide.
- Anyone who needs advocacy and cannot receive it elsewhere.

NOTE: This service is not reimbursed to us by any funding stream. This service is private pay. There is no contract length required.

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